

# Health Talks *with Brookdale*

Join Brookdale at the Walla Walla Senior Center for various chats about healthy living and healthy aging. Each month, we explore a different topic that is sure to inspire you to live your best life.

We hope to see you there!

**Hosted at the Walla Walla Senior Center, 720 Sprague St.**



**BROOKDALE**  
— SENIOR LIVING —



**WALLA WALLA  
SENIOR CENTER**  
THE CENTER AT THE PARK  
*Serving Seniors since 1971*