

# Volunteer Opportunities

Are you or a loved one looking for a meaningful volunteer opportunity? The Senior Center is always looking for volunteers to join our family to help in the following areas:

## Meals on Wheels Delivery Driver

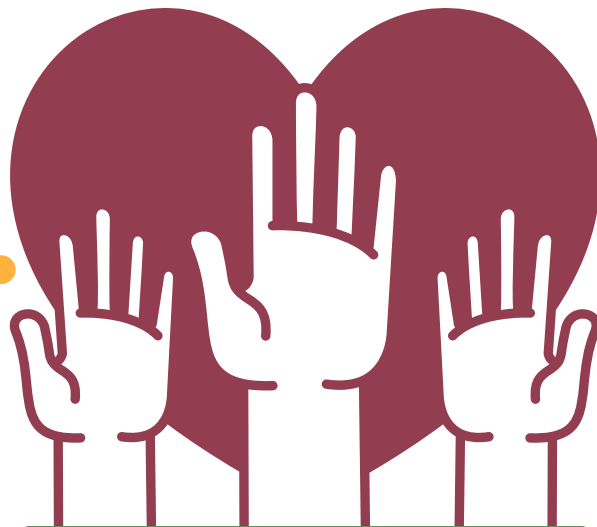
Drive a Meals on Wheels route and deliver meals to homebound seniors in the area. Sometimes you're the only person they see all day! **\*10:15am to noon on the day that you drive\***

## Dining Room Steward

Assist during our lunch in the dining room by helping clients move around and by helping to clear tables and keep the area clean. **\*flexible between the hours of 10am & 2pm on the day you volunteer\***

## Office Projects

Occasionally we have office projects that we need help on. Please ask the volunteer coordinator about the need if you are interested.



## Food Prep & Packing

Set your own hours anytime between **7am and 2:30pm Mondays through Thursdays**. Help us prepare food that we use in our nutrition program and package meals for our Meals on Wheels program.

*\*WA Food Handlers card required which can be obtained online on your own or at our center\**

## Adult Day Center Volunteer

Come and simply hang out with our Adult Day Center participants or volunteer by "enriching" their day through your talents. Give a presentation about an interesting topic, play a musical instrument, put on a talent show, tell a story - it's up to you!

**\*12-2pm for "Enrichment" volunteers; 9am-3pm for regular volunteers\***

**For questions or to sign up, please call (509) 527-3775**