

Improve Your and Your Loved Ones' Brain Health

It's never too early or never too late to improve your brain health. Join us to learn more.

- Learn about and reflect on brain health and dementia in our communities
- Understand potentially modifiable risk factors and the benefits of early detection for dementia
- Explore resources for further learning, action, and support around brain health and dementia



Save The Date – Join Us At The Senior Center

THURSDAY NOVEMBER 13TH, 10AM-12PM WALLA WALLA SENIOR CENTER 720 SPRAGUE ST. WALLA WALLA, WA 99362

Please sign up at the front desk or call 509-527-3775. Limited to 15 people – Secure your spot today!